

Gaige House Spa Treatments

Massage Styles

Swedish or Therapeutic Firm

Purposeful in its intent, our massage offers firm, though nurturing, penetrating, focussed pressure. Designed to please, whether you are new to massage or a veteran of bodywork.

50 min.	\$145.
80 min.	\$185.

Targeted

Short on time and need specific work? Usually concentrates on neck, back & shoulder region, or area of your choice.

50 min. Only	\$125.
--------------	--------

Outdoor Massage

Be one with nature (on our heated massage tables) and enjoy your treatment outdoors on our creek deck or in the garden.

50 min.	\$145.
80 min.	\$185.

Aromatherapy Massage

Our certified aromatherapist on staff has created 3 beautiful blends for you to choose from: Peace, Passion & Power. Then choose your massage type and you're on your way to relaxation!

50 min.	\$145.
80 min.	\$185.

Specialty Massages & Body Treatments

Reiki W/Reflex

50 min.	-----	\$135.
---------	-------	--------

Reflex W/Footsoak

50 min.	-----	\$135.
---------	-------	--------

Mother-To-Be

50 min.	-----	\$135.
---------	-------	--------

Winecountry Grapeseed or Pomegranite Scrub

50 min.	-----	\$135.
---------	-------	--------

Luxury Wrap

50 min.	-----	\$135.
---------	-------	--------

I Love Chocolate! (W/Chocolate Souffle)

50 min.	-----	\$135.
80 min. w/Choc. Mint Scrub	-----	\$185.

Art of Massage (we teach you how to massage each other—it's really fun!)

80 min.	-----	\$185.
---------	-------	--------

Lomi Lomi (highly skilled heavenly Hawaiian massage)

80 min.	-----	\$185.
---------	-------	--------

Hot Stone

80 min.	-----	\$220.
---------	-------	--------

Please cancel your treatment 24 hours in advance to avoid a full charge.

Gaige House Facials and Waxing

(Available only in our Spa Room)

Featuring the finest Ayurvedic skincare products by **Sundari**. Each service includes a personalized home program based on expert skin analysis.

The Sundari Facial

Ayurvedic skincare using the natural actives in pure essential oils, botanical extracts and herbal preparations, you receive lush layers of skincare treatment leaving the skin deeply cleansed, hydrated and renewed.

50 min. \$125.

Sundari Neem Restorative Facial

The restorative benefits of Neem—this healing plant is intensely restorative, hydrating and firming. A rose & lavender hydrating mask primes the skin followed by a face pack of hand-milled Neem leaves blended with a tonic of vitamins and herbs. The experience is further enhanced by a stress-relieving hand & foot massage with a finishing application of Sundari Nighttime Nourishing Oil and Neem Night Cream; the skin is fortified and replenished.

80 min. \$175.

Add Hot Stone to any facial treatment for a special touch of warmth. \$15.

Sundari Supplifying Facial

This anti-aging facial is rich in Omega-3s to restore your skin's luster and radiance. Enzyme exfoliation and marma point massage promote rejuvenation, relaxation and healing. An herbal complex mask completes this treatment leaving the skin nourished & glowing.

50 min. \$135.

Gentleman's Destresser

Sink into the table with some neck stretches to ease tension & stress, followed by an invigorating scalp massage to stimulate circulation. This facial is designed to meet your masculine sensibilities with ayurvedic skincare. The skin is deeply cleansed, conditioned and renewed while you also enjoy steaming hot towels and a hand and foot massage.

50 min. \$125.

Balancing Neem Back Treatment

For both men & women, this treatment offers Ayurvedic ingredients & a targeted massage. Highlights include a super cleansing with hot towels, thorough exfoliation and a Neem & green tea mask followed by scalp & foot massage that brings absolute symmetry to the body.

50 min. \$125.

Waxing Services

Brow, Lip, Chin or Neck	\$25. each
Brow Shaping	\$35.
Arms—30 min.	\$50.
Half Leg—30 min.	\$60.
Full Leg—50 min.	\$85.
Bikini—30 min.	\$50.
Brazilian—60 min.	\$95.
Back—50 min.	\$85.

**Questions regarding treatments? Feel free to phone our Spa Director,
PJ Savastano,CMT, @ (707) 292-3203**

Please cancel your treatment 24 hours in advance to avoid a full charge.